



Combined Scientific Meeting of Hong Kong Pain Society

5-7 December 2014

InterContinental Grand Stanford Hong Kong
70 Mody Road, Tsim Sha Tsui East, Kowloon
www.hksh.com/mskuspm

5 Dec (Friday)	Day One Symposium - MSK US PM Ultrasound Master Class		
08:00 - 08:30	Registration		
08:30 - 10:30	Plenary Lecture (US MSK PM Routine/ Clinical Applications) Chair : Dr. Carina Li 1. Dr. Lisa Wong: Basics of Ultrasound pathologies and clinical examples 2. Prof Rajesh Singh: Point of Care Ultrasound-Orthopedic Applications 3. Dr. Peter Hebbard : Expanding the limits of MSK interventions 4. Dr. Stanley Lam: US applications in Point of Care – Clinic setting 5. Dr. Philippe Macaire: US MSK and Platelet Rich Plasma Injection PICASSO ROOM		
10:30 - 10:45	Morning Coffee Tea Break		
10:45 - 12:00	Concurrent Session I Chair: Dr. Grace Hui US Chronic Pain Management 1. US Cervical Roots -Dr Sang Hoon Lee 2. US Thoracic- Lumbar in LBP Prof. Moon 3. US Guided Sacral, SIJ, Piriformis, Ganglion Impar and Pudendal Nerve procedures -Dr. Sean Lin PICASSO ROOM	Concurrent Session II Chair: Dr.Regina Choi US Regional Anaesthesia & Clinical Applications 1. Brachial plexus - Dr. Suwimom Tangwiwat 2. Sciatic nerve and Easy Safe Transgluteal approach - Dr. Philippe Macaire 3. US in Myofascial Pain Synrome / Peripheral nerve impingement - Dr. Carina Li MONET ROOM A	Concurrent Session III Chair: Dr. Doris Leung US in Inflammatory Arthritis 1. US use in Inflammatory Musculoskeletal conditions- Dr Carmen Ho 2. Can ultrasound help in diagnosis of SpA (spondyloarthritis)- Dr Gavin Lee MONET ROOM B
12:00 - 13:15	Lunch (1/F Academy Room)		
13:15 - 15:30	Master Class Expert Live Scanning Demostration Head to Toe Scan (volunteers with real pathologies) Chair: Dr. C Li / Dr. Timothy Brake/Regina Choi 1. Cerviogenic headache : Greater Occipital Nerve , Cervical Spine and Facets joint , medial branch nerve Stellate Ganglion Prof Moon 2. Cervical nerve roots and Brachial plexus : Dr. Lee SH 3. Upper Limb I : Shoulder : Suprascapular Nerve , , Shoulder Basic :Prof. Philip Peng 4. Shoulder Dynamic Scan with pathologies: Dr. Thomas Clark 5. Elbow and Wrist: Dr. Rajesh Singh 6. Fingers and Synovium Dr. Gavin Lee 7. Truncal Pain I : Thoracic Spinal, Paravertebral , Intercostal nerve Dr. Carina Li 8. Truncal Block II : TranvesusAbominus Plane (TAP , lilioinguinal , iliohypogastric , femoral , genitofemoral N) - Dr. Peter Herbard 9. Low Back pain : Lumbar facets , Lumbar spine , Epidural , Caudal Dr. Sean Lin 10. Sciatica and Perineal Pain : Sacral nerve root , Pudendal nerve , Piriformis Dr. Philip Peng 11. Sacroiliac joint , Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment - Dr. Thomas Clark 12. Knee Dynamic Assessment - Dr. Stanley Lam 13. Foot and Ankle Basic - Dr. Thomas Clark PICASSO ROOM		
15:30 - 15:45	Afternoon Coffee Tea Break		
15:45 - 17:00	Ultrasound Workshop Upper Limb PBLD & Exam (WS UL) – with pathologies 1) Dr Thomas Clark 2) Prof Rajesh Singh 3) Dr Gavin Lee PICASSO ROOM	Ultrasound Workshop Lower Limb PBLD & Exam (WS LL) – with pathologies 1. Dr. Philip Peng 2. Dr. Stanley Lam 3. Dr. Philippe Macaire MONET ROOM A	Ultrasound Workshop Low Back Pain & CORES Muscles (WS LBP) Chair: Prof. Gladys Cheing 1) Prof Julie Hides & local faculty MONET ROOM B
19:00	Faculty Speaker Dinner		

7 Dec (Sunday)	Hands On Musculoskeletal Ultrasound on Pain Management MSK US PM Workshop Venue : Hong Kong Sanatorium and Hospital (HKSH) - Coach Arranged from Hotel	
08:00	Coach Transfer from Hotel	
08:30 - 09:00	Registration at Hong Kong Sanatorium & Hospital	
09:00 - 11:00	Hands on Ultrasound Workshop MSK MSK US PM (WSB) (choose 3 stations) <i>*Please refer to the remarks of the facilitators</i>	Ultrasound Workshop MSK PM (WSB) Low Back CORES Muscles/ Rehabilitation(Prof Julie Hides & local faculty)
11:00 - 11:20	Morning Coffee Tea Break	
11:20 - 13:20	Hands on Ultrasound Workshop MSK PM (WSC) (choose 3 stations) <i>*Please refer to the remarks of the facilitators</i>	

**Remarks*

Hands on Ultrasound Workshop MSK MSK US PM (WSB) and Hands on Ultrasound Workshop MSK PM (WSC)

WORKSHOP NAME	STATION NO.	TOPIC	INSTRUCTOR
Head and Neck I	Station 1	Occipital Nerve, Cervical Spine and Facets	Prof Moon Dong Eon /Dr. Timothy Brake
Head and Neck II	Station 2	Brachial Plexus, Cervical Nerve Root, Stellate, Suprascapular Nerve	Dr. Philippe Macaire/ Dr Suwimom Tangwiwat
MSK Upper Limb I	Station 3	Shoulder	Dr Rajesh Singh/ Dr. Stanley Lam
MSK Upper Limb II	Station 4	Elbow, Wrist, Hand	Dr Gavin Lee/ Dr Carina Li
Truncal Block I	Station 5	TAP Block, Femoral, Genitofemoral Nerves, Intercostal Nerve Block	Dr Peter Hebbard/ Dr Grace Hui/ Dr Regina Choi
Spine	Station 6	Lumbar Facets, Epidural & Caudal, Sacral Foramen	Dr Sean Lin/Dr. Sansikann/ Dr. Doris Leung
MSK Lower Limb I	Station 7	Sacral Iliac Joints, Hip, Piriformis Muscle, Pudendal nerve	Dr Philip Peng/ Dr.Tong Ng/ Dr.Henry Tong
MSK Lower Limb II	Station 8	Knee	Dr. SH Lee/ Dr. Catherine Yuen
MSK Lower Limb III	Station 9	Foot and Ankle and Related Nerves	Dr. Thomas Clark / Dr. Carrel Yu