# The Hong Kong Pain Society **Annual Scientific Meeting 2015**



Day 1: Pain Summit

Date: October 17, 2015 (Saturday)

Venue: 4/F, Sung Room

Day 2: Workshops

Date: October 18, 2015 (Sunday)

**Venue : 4/F, Ming Room** 



Registration form can be downloaded from website: www.hkpainsociety.org

Day 1 **Pain Summit** October 17, 2015 (Saturday)

## **Plenary Lectures**

Redefining pain: A symptom or a disease

Dr. HO, Kok Yuen (Clinical Director, Pain Management Service, Raffles Hospital, Singapore)

Mix pathology of pain: Recognizing and establishing treatment strategy

Professor CHEUNG, Chi Wai (Clinical Associate Professor, Department of Anaesthesiology, The University of Hong Kong, Hong Kong)

Personalizing pain treatment I: Are all opioids the same

Prof PERGOLIZZI, Joseph (Adjunct Assistant Professor, Department of Medicine, John Hopkins University School of Medicine, US)

Personalizing pain treatment II: Advances in drug formulation design

Prof PERGOLIZZI, Joseph (Adjunct Assistant Professor, Department of Medicine, John Hopkins University School of Medicine, US)

**Registration Deadline** October 8, 2015 (Thursday)

For Enquiry **HKPS-ASM 2015 Meeting Secretariat** Tel: 852-3929 4605 (Ms. Wendy HUI) E-mail: painsec@hkpainsociety.org

CME, CNE and CPE have been applied (subject to finalization).

#### **Breakout Section**

#### **Musculoskeletal Pain**

#### The "Growing" Pain

Epidemiology of fragility fractures and magnitude of the problem

Dr. WONG, Sze-Hung (Orthopaedics, Caritas Medical Centre, Hong Kong)

**Surgical interventions: Consideration and options available** 

Dr. FOO, Siang Shen Leon (Orthopaedics, Island Orthopedic Consultants, Singapore)

#### Road to Rehabilitation : Challenges and Approach

**Enhanced recovery:** 

Optimizing pain control to improve patient's surgical experience

**Dr. HUSSAIN, Assad** (Anaesthesiology, Orthopaedic and Spine Centre, Hong Kong)

Role of oral opioid in post-operative pain management

**Prof CHEUNG, Chi Wai,** (Anaesthesiology, The University of Hong Kong, Hong Kong

Can early rehabilitation reduce risk of complications and its cost impact?

Dr. WONG, John (Orthopaedics, Queen Elizabeth Hospital, Hong Kong)

#### Management of Osteoarthritis in an Era of Aging Population

Changes in the musculoskeletal system in aging

**Dr MA, Hon Ming** (Geriatrics, The Chinese University of Hong Kong, Hong Kong,

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## Management of OA hip/knee:

What to do when joint replacement is unfeasible?

Dr. NG, Kwun-tung Tony (Anaesthesiology, Tuen Mun Hospital, Hong Kong)

## **Cancer Pain**

#### Patient Profiling in Real Oncology Setting : From Acute to Chronic

On management of acute pain crisis

Dr. TONG, Ka-fai (Pain Medicine, Hong Kong Sanatorium Hospital, Hong Kong)

On improving treatment acceptance at initiation to maintenance

Prof PERGOLIZZI, Joseph (Anaesthesiology, John Hopkins University School of Medicine, US)

On management of difficult pain

Prof. ZHENG, Yan-fang (Oncology, Southern Medical University, Guangdong, China)

## **Advances in Treatment of Bone Metastasis**

Pathophysiology of malignant bone pain

Dr. YUEN, Kwok-keung (Oncology, Queen Mary Hospital, Hong Kong)

Treatment options for the management of pain in bone metastasis

Dr. LEUNG, Carmen (Oncology, Queen Elizabeth Hospital, Hong Kong)

Surgical management of bone and spinal metastasis **Dr. LAM, Ying Lee Albert** (Orthopaedics, Queen Mary Hospital, Hong Kong)

#### Moving Forward: Raising Standard of Care

Multidisciplinary Team (MDT) of cancer pain

Prof. ZHENG, Yan-fang (Oncology, Southern Medical University, Guangdong, China)

Palliative Care – the Total Pain Approach

**Dr. LAM, Wai Man** (Palliative Medicine, Haven of Hope, Hong Kong)

Role of pain nurses on management of cancer pain: **Carer and educator** 

Ms. LIU, Faith (Oncology, Queen Elizabeth Hospital, Hong Kong)

Day 2 Workshops\* October 18, 2015 (Sunday)

\* Limit 50 attendees:

first come first serve

09:00 - 12:00

Psychology Workshop: Communication skills for working with cancer pain patients

- Introductory lecture : meaning, distress and cancer pain
- Patient experience sharing
- Role play and feedback

Professor FIELDING, Richard (Professor of Medical Psychology, Behavioural Science Unit, School of Public Health, The University of Hong Kong, Hong Kong) Dr. LAM, W T Wendy (Associate Professor, Behavioural Science Unit, School of Public Health, The University of Hong Kong, Hong Kong)

14:00 - 16:50

- Bowen therapy workshop:
- Basic concept & live demonstration
- Clinical case sharing

Dr. TAI, Ling Yin Winnie (Bowen Therapist (ISBT), Private Practice, Hong Kong)

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