

Organization:  
Hong Kong Pain Society



Supporting Organization:  
Hong Kong College of Anaesthesiologists



# PAIN MANAGEMENT

## CBT/ACT for Chronic Pain One-day Workshop

### Course Objectives:

- Enhance understanding of CBT and ACT for managing chronic pain
- Develop skills in assessing and treating patients with chronic pain using CBT/ACT techniques
- Learn how to integrate CBT/ACT into interdisciplinary pain management plans
- Improve communication and collaboration with patients to facilitate effective pain management

### Workshop Format:

Skills-oriented with ample demonstration, practices, and role plays to help you develop your skills and confidence in using CBT and ACT for chronic pain management.

### Target Audience:

Doctors, nurses, allied health professionals (physiotherapists, occupational therapists, clinical psychologists)



### COURSE DIRECTOR & FACILITATOR

**DR. TONY  
WONG**

CP in Private Practice



**DR. TIFFANY  
LEE**

KWH CP Head



**SATURDAY  
21 SEP, 2024**



**9:00AM – 5:00PM**



**ROOM 113-114, 1/F, GENERAL  
NURSING SCHOOL, QEH**

CME/CNE/CPD points: pending

## REGISTER NOW!

PLEASE VISIT THE WEBSITE FOR MORE INFORMATION.

[WWW.HKPAIN SOCIETY.ORG](http://WWW.HKPAIN SOCIETY.ORG)



**HKPS MEMBERS: \$700  
NON-MEMBERS: \$1000**

APPLY TO BECOME A HKPS MEMBER:

[HTTP://WWW.HKPAIN SOCIETY.ORG/MEMBERSHIPS.HTML](http://WWW.HKPAIN SOCIETY.ORG/MEMBERSHIPS.HTML)

